

BMet Sports Argus

KEEPING OUR READERS UP-TO-DATE WITH
ALL COLLEGE SPORTS ACADEMY NEWS AND VIEWS
ISSUE 15 SEPTEMBER/OCTOBER 2023

DM Dialogue – Matthew Stephens DM for Sport, Fitness and Physical Activity



Welcome to the new academic year and I really hope you have had a great Induction period and have settled into college life. The 2023 Freshers Fayre included a Sport and Physical Activity Fayre for the first time showcasing not only College Enrichment Activities but also opportunities in the Local Community: whether that be volunteering, participating or workforce opportunities. The Sport and Fitness Industry is very dynamic and competitive and we have a responsibility to prepare all our students for future employment. I hope that you take all the opportunities that we provide this academic year to enhance your future possibilities. Below are some of the most important skills (identified by CIMSPA) for young people seeking employment in the Sport and Fitness Sector.

Developing Skills for a Brighter Future



Community Engagement:

Building strong relationships with the community can enhance the college and individual's reach and reputation. Engaging with the Local Community fosters a sense of belonging and trust that can attract more possibilities. BMet work with the Community Games throughout the year, providing students with opportunities to gain skills. **For further information contact: Katie Singleton**

Safeguarding and Protecting Children:

This skill is paramount in sports and fitness, where young individuals often participate. Ensuring their safety and well-being is not just a legal requirement, but also an ethical obligation. Competence in safeguarding and child protection is essential for creating a secure environment. BMet work with both Panathlon and Wilson Stuart School Sports Partnership on a number of events. **If you want to be involved, please contact Katie Singleton or Katryna Cresswell**



Equality, Diversity and Inclusion

In an increasingly diverse society, being able to create an inclusive and accepting atmosphere is crucial. The ability to cater to the needs and preferences of a wide range of individuals is a competitive advantage and can attract a wider participation base. We offer a wide range of activities and external opportunities. **If you would like to join a club or sports academy please contact: Anthea Dunnett. If you want to start your own club, please contact one of the Enrichment Officers based at all BMET Colleges.**

In the next issue we will look at: **Risk Awareness & Management; Mental Health & Wellbeing; Customer Service and Understanding Long-Term Health Conditions** as skills required for the Sports and Fitness Industry and where BMET can help students gain these vital skills.

In Focus ...

Leadership, Volunteering and Activation in Sport & Physical Activity

Work ready and work real experiences are designed to **bridge the gap between education and the world of work**. These experiences can help inform career choices, provide the opportunity for young people to prove themselves to an employer, and help instill the attitudes and behaviors expected in a work environment.

Work Ready - Any activity that gets the student ready for 'Real' activity

The key to 'Real' is the involvement of an employer.

Requirements of Work Ready/ Work Real for this year:

Level	Work Ready	Work Real
1	20	6
2	25	10
3	20	10

All sports students have set the ball rolling with their Work Ready during the induction period through completion of an induction project. New students have focussed on researching careers within the sport/ leisure/ fitness industries and second year students have focussed their research on the UCAS application process.

There are many more Work Ready opportunities planned and already recorded within the sports department, such as preparation of key health and safety documents for activity sessions, training workshops with external partners to support events, and support with application documents such as CV, job application forms and cover letters, for level 1 and 2 students.

At Level 3 there are opportunities to develop UCAS applications, including Personal Statement workshops, University visits, Insight events set up virtually with Alumni students to discuss their career paths, and HE and Apprenticeship fairs.

Our Work Ready activities are fully integrated within the course content and tutorial programmes and will be logged before the Christmas break.

In terms of Work Real, the calendar is filling up with lots of opportunities for our students to engage in a number of events. Several of our partners are very keen to work with us again this year and we are really looking forward to the opportunities they provide. We are also set up as a Leadership Academy this year, which provides us with lots of opportunities to train up ambassadors and run events. If you have any students interested in becoming a Leadership Academy ambassador, please contact Katie – katie.singleton@bmet.ac.uk.

One of our key partners and new Sports Employer Board member, Jack Craven (CEO of JC Academy) followed up below:

"On a side note we have hired 3 of the students that attended our workshops last year, they worked with us throughout summer and did a great job. I'd love to revisit this idea and maybe work with you to bring it back in at BMET as it has provided real work opportunities with success for 3 of your students and has obviously supported JC ACADEMY with a staffing solution in that area."

Key Dates & Activities in November

3rd—Walsall Accessible Games (Community Games) - **VOLUNTEERS NEEDED (See Katie Singleton)**

6th/9th/10th—Panathlon Events at Birmingham University with Level 1 Sport & NVQ 2 Activity Leadership

13th—Volunteer Fairs (all BMET campuses)

23rd—Career Insight Talks (Level 3 Year 1 & 2) Delivered by NO TURNING BACK (Career Pathways in Sport)

Sub-contractor in Focus: The Albion Foundation

The Albion Foundation have worked with BMet for a number of years. Originally, the partnership was established to provide football for students with a recognised Pan-Disability. BMet entered AoC Regional Competitions and quickly developed an enhanced reputation of providing excellent football provision as one of the ECFA Focus Colleges. The provision has excelled and the programme have been National Champions 3 times in the past 6 years (including the COVID hiatus). Additionally, it has been innovative as it is the only programme nationally that has provided opportunities for Male and Female Footballers. In addition, there have been opportunities for students to gain Work Real Volunteering hours.



New for 2023-24: The programme has now expanded to provide Multi-Sport participation and volunteering opportunities at Sutton Coldfield and Matthew Boulton with a view of provision at James Watt in the near future



MB Foundation Learning students have started weekly sport and physical activity sessions. DM Rosina Morris spent the first day with them stating *“It has been lovely to see the students taking part in building their problem solving skill, communication and team work through the games Robert provided.”*

Matthew Boulton VP Jan Myatt was equally enthused by the new programme, *“I went in and had a look this morning and the students loved it and were developing really good communication and team working skills. We can’t wait for next week”*

STOP PRESS

BMet was selected as the AoC Spotlight College for SEPTEMBER

For the full article [September's Spotlight - Birmingham... | Association of Colleges \(aoc.co.uk\)](#)

Highlights from the article:

What makes your college unique?

The BMet sports department have had a really successful year developing their ‘Work Real’ calendar and the work experience opportunities for their students. Working alongside partners such as Panathlon UK, Boccia England, Community Games, School Games, local coaching companies and local schools, students have enjoyed countless opportunities to work with a variety of groups in a range of settings. These work experiences have been carefully mapped into the core programmes of the students to support the learning and evidence criteria. The Work Real opportunities have helped the Level 1, 2 and 3 sports students develop their leadership skills in range of environments. These experiences have also helped to escalate the transferable skills of the learners, such as time keeping, teamwork, collaboration, delegation and organisation.

SPORT IN PICTURES



Business Studies/DiSE student-athlete Ethan Hayward in action for BMet CoB Rockets against SGS in the first EABL fixture of the season.



Play opens up for BMet CoB Rockets as they launch another attack against SGS in the EABL fixture. Unfortunately, we were on the wrong end of a 95-85 defeat.



BMet Netball, supported by Severn Stars Netball Club, in action in a sensation 71 –31 victory over Solihull VI Form in the West Midlands Division One League fixture. BMet have 2 teams for the 2023-24 season after a great summer recruitment. Both teams have started well in their respective leagues but with mixed fortunes in the National Cup.



Level 1 Sport Student Bol Karbinho has started the season in scintillating form for the BMet Boldmere St. Michaels 2nd Team with 8 goals in 4 matches



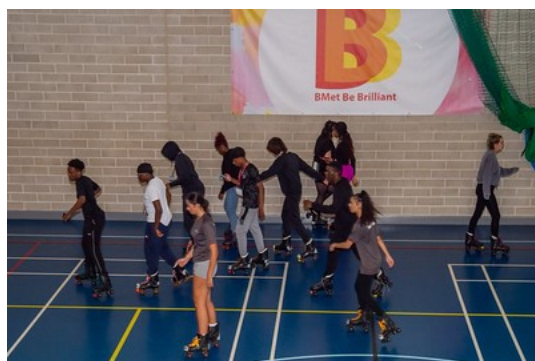
Halftime team talk on the way to beating Kidderminster Harriers FC 8-1 in the ESFA National Cup. This was followed by a 6-1 away win vs Cadbury in the 2nd Round



Dennis Kennedy and Buddy in attendance at the College Freshers Fayre in the Sports Hall. BMet are a Gold Sponsor of the Community Games and work with Dennis and the dedicated team to provide Leaders and Volunteers at the various Summer Games across the Birmingham area as well as the Winter Games and the Accessible Games (both of which BMET host at Sutton Coldfield College).

Dennis is also a member of the Sports Employer Board. As yet, Buddy has yet to join the board as he is always 'out' promoting Sport and Physical Activity in the local community.

Roller Disco was off to a flying start for the Active Academy with 115 students attending from all different course across the college. **The active Academy is every Wednesday afternoon 1-3pm in the Old Sports Hall** here they do different sports and activities



Fitness Student Harvey Moody-Hanson in 'full grimace' whilst excelling in his baseline fitness tests

CELEBRATING SUCCESS: COLLEGE BE BRILLIANT AWARDS EVENING 20TH JUNE 2023 @ ASTON VILLA FOOTBALL CLUB



Sportsman of the Year

Felix Williams-Haines



Team of the Year

NETBALL



Sportswoman of the Year

Jessica Myhill



Aaron Ruby

College Colours

American Football



Lexi Carruthers

College Colours

GB BMX Biking



Tobi Houten

College Colours

GB Judo



Rugy Tucker

College Colours

England Football



Grace Nasciemento

College Colours

England Football

Let's Go BMet; Let's Go...

Sports Results in the Spotlight

Men's Football (in partnership with Boldmere St. Michaels

Creating memories in the FA Youth Cup as we reach the 1st Round Proper of the 2023-24 Competition

Preliminary Round: Won 2-0 vs Romulus FC

1st Qualifying Round: Won: 2-0 vs Rushall Olympic FC

2nd Qualifying Round: Won 3-1 vs Kidderminster Harriers FC

3rd Qualifying Round: Won 4-3 vs Ingles FC

The 1st Round match vs Chesterfield FC or Heather St. Johns FC will take place during October 1/2 Term

In other news, the **Men's 2nd Team** are progressing well in the ECFA National Cup after beating **Kidderminster Harriers FC 8-1** in Round 1 and then **Cadbury College 6-1** in Round 2.

All our teams are playing a higher level of Football this year after winning promotion in 2022-23. A mixed start in the leagues but working on improving performances and results.



BMET Netball have carried on from where they left off last year—except they are in a higher league. League wins against Thomas Telford (45-34) and Solihull VI Form (71-31) have the team top of West Midlands League 1. The new 2nd team recovered from a first game defeat (15-31) vs NSCG 2nds to record a resounding victory against Sandwell Academy (51-3)

Golf

The team are competing in the AoC Sport Intercollegiate Golf Tour and have taken part in the North Qualifiers in Matlock and Durham. Qualification for the finals (May) is still a long way off with Tom Houston best placed at 40th (Individual OOM) and BMet in 12th at this early stage.

Volleyball

New for 2023-24. BMet have played 2 Mixed League Fixtures, losing both 1-3 but with great enthusiasm and signs of progress and development. The Men's and Women's teams both finished 5th at the WM Regional Championships

Men's Rugby

It's very early in the season but an encouraging 19-19 draw with KE VI Stourbridge in the first fixture in West Midlands League B has whetted the appetite for a good season. Head Coach 'Fish' was delighted but is still looking for more interest and players to join the group.

REGIONAL CHAMPIONSHIPS DAY ONE

Wednesday 25th October @ Wolverhampton Uni

(Regional Winners will represent TEAM WM at the National Championships: Nottingham University 14-16 April)

- Netball
- Women's Football
- Pan Disability Football
- Rugby Union (Men)
- Badminton

Basketball

A great first game of the season for the women's team as they beat Sanwell College 52-44 in the Midlands League.

Mixed fortunes for the Men's Teams as the EABL 1st Team are 0-2 from their first 2 fixtures, whilst the 2nd Team won 118-52 in their 1st fixture.

For all BMET Sports Fixtures and Results please click [Sway \(office.com\)](https://www.office.com) and you will find our Sports Academy Sway has everything you need including results, fixtures and team photos