BMet Sports Argus

KEEPING OUR READERS UP-TO-DATE WITH ALL COLLEGE SPORTS ACADEMY NEWS AND VIEWS ISSUE 14—APRIL/MAY 2023



There has been so much happening during the last month. We have had the 43rd National AoC Colleges Sports Championships with BMET represented in Women's Basketball, Endurance Running, Boccia, Badminton and Table Tennis. BMET Helping Team West Midlands finish 4th out of 11 Regions. The Pan-Disability Football Team have been crowned National Champions, having been unbeaten at St. George's Park against the top teams in the other AoC Regions. We have won Regional Leagues in Netball and Football, whilst we narrowly missed out on retaining our Rugby Union League Title. We have competed and medalled in National Golf Finals and we are still competing in a number of Sports including Cricket, Boccia and Athletics.

BMET-SC hosted the Accessible Games during the Easter Break where a number of BMET students supported the Community Games team to deliver Inclusive Sport. There have been many work/industry related activities (highlighted in this issue). BMET students are active, leading, volunteering and so much more ... Let's Go BMet, Let's Go!

In focus ...

Sports Performance in Action

AoC T20 Group 2 17th May 2023

BMET v North Warks & South Leics. College

BMET finally got their T20 campaign underway with a comprehensive victory against NWSLC. Having lost the toss BMET were asked to field and bowling was tough with a good opening batting partnership putting on 80 runs for the first wicket, before a miss communication resulted in a run out for BMET. Runs continued to be added and wickets continued to fall until eventually we got into the bowlers and where the NWSLC batters struggled. Some tight bowling from Ollie Atkin held back NWSLC from a big score with the innings eventually closing on 166-6 from the allotted overs.

So chasing a total of 167 to win, Sutton got off to a quick start, losing their first wicket for 33 runs, Haider out for 9 trying to go big over long off. This bought Ollie Atkin to the crease with Felix Haines and from this moment they dominated the bowling attack to win, **Felix Haines (pictured)** going to an unbeaten century with the shot that won the match, assisted by the consistent Ollie Atkin who finished unbeaten on 33.

BMet Cricket are looking for more cross college students to join our current MB and SC based students in the team. Please contact our Coach—Rob Haines rob.haines@bmet.ac.uk for further details

In Focus ...

Leadership, Volunteering and Activation in Sport & Physical Activity







Images from a Panathlon Event held at Birmingham University which included Sports Leaders and Organisers across Sports Courses at BMET as part of their Course and Work Experience requirements.





Members of the League Winning Netball Academy officiating and supporting the Primary Schools Netball Tournament with the Community Games at Birmingham University

JC Academy were in delivering a Coaching workshop (24/4/23) Jack put the students through their paces with mock interviews and assessment of leadership skills in a practical setting. Jack Craven runs his own coaching company and has visited the sports department on several occasions throughout the year. The workshops are designed to give the students a taster of real work experiences leading to paid coaching work throughout the school holidays.

Jack Craven is a former student who studied Sport (Performance and Excellence) at BMet and now works with Sports students to prepare them for work in the Sports Coaching Industry.





On Thursday 20th April the Birmingham Children's Hospital Haematology and Oncology Community Games took place. Students from the Level 3 Sport group were fabulous in facilitating the Boccia and New Age Kurling activities. We had young people come down from the wards to take part in the activities with their families which was just amazing. Witnessing the resilience of the children and the enjoyment on their faces was so inspiring. A massive well done to Emily Welch, Fredrick Akidi, Jake Pearson and Sunny Stringer for demonstrating such a mature attitude throughout.

Let's Go BMet; Let's Go...

Sports Results in Focus

AoC National Championship 2023

The 43rd AoC National Championships were held over the weekend of the 14-16 April 2023 at Nottingham University. Team West Midlands finished 4th Overall out of the 11 Regions with BMET students putting in a great effort in their individual sports to contribute to the Regional Team.

Boccia (SC SLD) National Bronze Medallists 3rd Place

Women's Basketball (Cross-College) 4th Place

Endurance Running (Oliver Chinn/Felix Haines—Sport) - 4th Place (team event)

Badminton (Mirhir Mairashi Engineering Apprentice) - 4th Place

Table Tennis (Kate Boshernitsen—Cloud Computing) - 6th Place

If you would like to take part in the 2023-24 Regional Championships in any sport please contact Anthea Dunnett anthea.dunnett@bmet.ac.uk for more details

ESSCFA Cup 2023

An excellent performance from BMET saw our Under 18's team see off a very spirited Plantsbrook School 5-1 in the ESSCFA. This was the College's 7th Final win in the last 10 years, continuing a fine tradition of performance in this Competition.

AoC Golf Ryder Cup & National Finals

British Schools and Colleges National Finals (24th—26th April)

The BMET Golf Team: Sam Knowles (Business); Chloe Williamson (A Levels); Harvey Roberts (A Levels); Ted Westwood (Sport) played at Forest Pines GC North Lincolnshire and after 2 days of competition finished 3rd

AoC/ICT Tour Finals (3rd—5th May)

A second National Final in the space of a week for our BMET Golfers. Played under testing conditions at Trentham Golf Club, Chloe Williamson (pictured) finished 2nd (Silver Medallist) in the Ladies Event and Ted Westwood (pictured) a very creditable 10th in the Men's/Overall Event.

AoC/ICT Ryder Cup

In the Inaugural North vs South Ryder Cup Event, BMet (North) were represented by Chloe Williamson; Oliver Whitehouse and Ted Westwood. Whilst the South beat the North 15-9, **Oliver Whitehouse** was presented with his trophy for his Individual NETT Award

Indoor Rowing Challenge 2023

Results from BMet entries in the National Competition: 200m

- Staff competition 2nd place Anthea Dunnett
- Student competition 9th Place Ollie Atkin

1 minute distance

- Staff competition 3rd Place Steph Badger
- Student competition 17th Place Stan Merion

4 minute distance

 Staff competition 3rd place Steph Badger and 4th Place Tracey Need

Warwickshire U19 Men's Indoor Cricket

BMET finished Runner's Up/Silver Medallists

AoC Athletics Summer Series (Round 1)

The first round of the Summer Series took place at South Gloucester & Stroud College. There were some notable performances including:

Harun Double 2nd Place Men's Shot Putt

Harun Double 2nd Place Men's Long Jump

Brooke Burton 3rd Place Women's 100m Final

Rebecca Leach 4th Place Women's 100m Final

If you would like to represent the college in the rest of the Summer Series, please contact Athletics Coach Andy Paul andy.paul@bmet.ac.uk



Let's Go BMet; Let's Go...

Sports Results in Focus

AoC Leagues 22/03/23

Netball Team 1 (away) vs Hereford **Win 56-45**Mens Basketball team 3 (away) vs Sandwell College **Not played 0-0**

AoC Leagues 29/03/23

Netball Team 1 (away) vs Worcester 6th Form **Loss 27-31**Mens Basketball team 2 (away) vs Walsall College **Loss 67-79**Mens Basketball team 3 (home) vs Newcastle NSCG **Not played 0-0**

AoC Leagues 19/04/23

Mens Basketball Team 2 (home) vs Walsall College Loss 71-77

Mens Basketball Team 3 (home) vs Worcester 6th Form College Loss 57-56

Mens Football Team 3 (away) vs COWC Wolves Foundation Win 3-0

Mens Rugby (away) vs King Edward Stourbridge Win 24-5

AoC Leagues 26/04/23

Mens Football Team 3 (away) vs Sandwell College Loss 0-3

Mens Football Team 2 (home) vs King Edward Nuneaton Win 3-2

Mens Basketball Team 3 (homes) vs NSCG Team 1 Win 63-58

Cricket Team (away) vs Sandwell Postponed/Weather



Rio Nembhard in action for CoB Rockets Academy



Kate Boshernitsan preparing for the National Championships



Felix Haines 'keeping wicket' in the 164-5: 167-1 win vs NW&L College



Football Team 2 celebrating winning the West Midlands Football League



Pan-Disability National Champions in the England National Team Training Ground Dressing Room @ St. Georges Park



Men's Football First Team in Action in the recent 10-0 win versus Stratford

Sport in Pictures



Emily Welch; Sunny Stringer, Freddie Akidi and Jake Pearson 'on duty' at the Birmingham Childrens Hospital Haematology and Oncology Community Games



Buddy and Eli Griffiths getting ready to meet and greet participants at the Accessible Games on Friday 14th April. Despite the weather, over 300 participants turned up to participate in a range of sports.

The Community Games team supported by BMET sports students.



Another Day ... Another Event—Sports Students leading Multi-Sports Events at Billesley Tennis Centre.

New Places = New Experiences





3rd Year Sport Student, Nicholas Asare leading a multi-sport session. Great Progression—Nicholas has progressed from Level 1 Sport through to Level 3.



Another Progression Student from Level 1 to Level 3 Sport; Millie Kemp-Hughes now leading Coaching sessions. Millie is also an integral player in the Netball Academy who have recently won the AoC West Midlands Regional League 2.

Sports Partnerships and Sub-Contracts Fixtures and Results



National League Alliance U19s

29/03/23 Mens Football 1s (away) vs Halesowen Town FC **Postponed** 19/04/23 Mens Football 1s (home) vs Stratford Town FC **Win 10-0** 26/04/23 Mens Football 2s (away) vs Solihull Moors **Win 3-3**

Midlands Regional National Qualifying Tournament

The Regional Qualifiers held at Loughborough College provided a chance to Qualify for the National Finals. A hard fought 0-0 draw versus current National Championship Gold Medallists Walsall (A) set BMet on their way. 2-0 versus Wolverhampton College and a 2-0 win over Walsall (B) meant qualification. A final game against East Midlands Champions (and Championship Bronze Medallists) Loughborough would provide a good opportunity to look at a rival for the National title. BMet narrowly lost 0-1.

BMET will now Represent West Midlands at the National Finals to be played at St. Georges Park (England FA Headquarters) on Thursday May 18th

UPDATE: BMET ARE NATIONAL CHAMPIONS

Congratulations to BMET/The Albion Foundation Pan Ability Football Team who were crowned National Champions at the finals held at St. Georges Park (England National Football Headquarters)

The team were unbeaten beating: Weston College (SW) 2-0; Blackburn College (NW) 1-0; Chichester (SE) 2-0; Shipley (Y&H) 2-1 and a great win versus Loughborough College (EM) 1-0 to take the overall title.



CoB Rockets/BMet Basketball National EABL Premier Division

CoB are currently in their post-season. The club are currently recruiting new players for the Academy (Men's and Women's Teams). The Club have had phenomenal success, including their Men's Team crowned the NBL National League Division Two Champions as well as the Women's Team narrowly beaten in the Play Off Finals. For further information on the club www.cobrockets.co.uk



And Finally ...



Oliver Whitehouse receiving his Individual NETT Trophy at the AoC Golf Ryder Cup.



The victorious Men's Football team with the ESSSFA Trophy after beating Plantsbrook School 5-1.



Ollie Atkins in full flow versus North Warks & South Leicester College in the AoC T20 League. Ollie went on to take 2 crucial wickets in a great win for the College team (made up from SC and MB Students)

Further Information:

If you have any news or articles you would like to add for future editions, please contact Jason Allen (Jason.allen@bmet.ac.uk)

If you would like to participate in any Sports Academy/Enrichment please contact Anthea Dunnett (anthea.dunnett@bmet.ac.uk)