

## 5 Ways Togetherall Helps Students

Being a university student comes with a unique set of opportunities, obstacles and everything in between. It can be hard to navigate. Togetherall offers a dedicated space where students can connect with each other to offer insight, advice, and comfort 24/7 for FREE. Here are at least 5 ways Togetherall can help students.

## **Anonymous**

Togetherall is completely anonymous which can help students open up, seek support, and get help in a safe way.

24/7

Members can give and get support anytime from anywhere. The 24/7 nature of the platform allows students to seek mental health support after hours, which often suits their schedules more so than 9-5 services.

Safe

Togetherall is monitored 24/7 by clinicians to ensure the platform stays safe, inclusive, and open to everyone. Members can post about their experiences without fear of negative comments and reach out for professional support if needed.

**Supportive** 

Students can give support to others in the global community. They may share and read about experiences outside of their academics where they can offer support and understanding.

Groups for connection

Togetherall has a group specifically dedicated to students so they can share their successes, setbacks, triumphs and obstacles with others who understand.

Students can join the Togetherall Group "Student Life" by registering on Togetherall.com and once on the platform, clicking community where they will see a range of groups.