

Sutton Coldfield Sports Argus

SUTTON COLDFIELD COLLEGE SPORTS ACADEMY NEWS AND VIEWS
ISSUE 4—DECEMBER 2021



DM's Dialogue: Jason Allen

Effective Leadership—Leadership is an Action not Position

When you think of great leaders in Sport, who do you think of? Sir Alex Ferguson; Jurgen Klopp; Tracey Neville; Eddie Jones—you may well pick somebody in the higher levels of sport or from your favourite team even. You might pick a manager or a captain. However, we can all have leadership qualities and it is how we nurture them, develop them and use them at crucial moments. **“Leadership is an ACTION, not a Position”**. It is having the boldness, confidence and clarity in your ability and know how to use them to be able to achieve your goals. Leadership is not always about leading others. It can be about setting yourself up to achieve—you might possibly have barriers and hurdles along the way but again you need to build the characters and traits to be able to overcome them. Some leaders are able to support others to grow and develop; some leaders will ‘manage’ others to direct them (this is sometimes what we see in sport). **“Great leaders don’t set out to be a leader ... they set out to make a difference. It’s never about the role; always about the goal”**.

Foundation Learning Students Join the Active Academy

By Shiv Yash Dhabi (NVQ 2 Activity Leadership)

This afternoon in the old sports hall Inclusion Ambassadors, **Hunar Salahi and Shiv Yash Dhabi** (Pictured below) from the Active Academy delivered a sport session. Foundation Learning students participated in a Boccia game, which is a sport aimed at individuals with physical disabilities. The session started at 13:00 and finished at 14:00. 3 students from the NVQ in Activity Leadership sports course and 15 students from the foundation learning programme participated in the Boccia game.

The participants enjoyed the session; they were happy and you could see hope and positivity in their smiley faces. At the end of the session we received some nice, positive feedback from the teachers and participants.



**LEADERSHIP IS AN ACTION,
NOT A POSITION**

Dave Hamilton

Esports Academy launched with immediate success

This is the first year the Esports academy has been set up after the successful FIFA 21 campaign where the Xbox team were national champions.



We have started the Winter Season with three teams. Rocket League, League of Legends and Valorant.

The Rocket league finished the season with a respectable 5th place in their league coming up against some formidable opponents ranked inside the top 10 in the country. The Highlight of the winter division was the demolition of Newcastle Under Lyme with a combined win 26-5

The league of legends team managed to win 2 games throughout the tournament which was remarkable considering the lack of experience in playing the game.

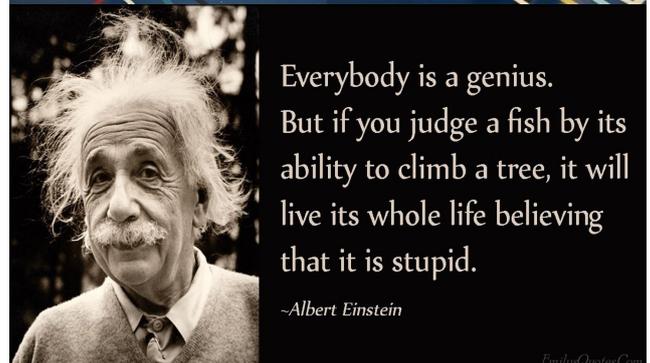
The Valorant team have qualified for the quarter finals of the winter cup defeating some of the best teams in the country. A phenomenal performance considering they played teams that were 2 levels above them (immortal.)

A successful start too our Esports Journey.

We are hoping to run 2 Rocket league teams, a Valorant and an Overwatch team for the Spring Season

Work Real—Focus. The Fitness Industry

This month, there is a focus with the Fitness Students to lead sessions in preparation for the work place and ongoing development. Jack Winder, a keen boxer and Shania Arthurs (Black Belt in Karate) (Both pictured below) have led a series of box-exercise sessions to fellow students, developing skills such as communication, leadership and spotting areas for improvement in participants. Look out for further activities in Term 2.



Sport in Pictures



Men's Rugby 7's Team getting the better of a BVGS Team in their final warm up game for the Regional Rugby 7's tournament



The competition hots up at the Boccia Academy (even in internal practices!)



Health & Social Care Student, Annie Bagga getting her skates on for the Activity Academy Roller Disco



World Champion Muhammed—still got to do his Coursework!

Alongside college Muhammed has been training hard and competing all over the World, he is currently; Muay Thai Junior 60kg World champion, European champion, British Champion and English champion! He is currently in the first year of a BTEC LEVEL 3 Sport & Exercise Science programme and despite a very busy competitive sport schedule he is doing well in his studies thanks to support from the TASS programme led by Matthew Stephens 'TASS (Talented Athlete Scholarship Scheme)/Dual Career Programme

We are excited to introduce our Talented Athlete Scholarship Scheme (TASS) Dual Career program here at BMet College.

BMet are committed to support young, aspiring sports performers to realise their sporting talents but also ensuring that they also succeed in their education, maximising their future options. Staff recognise that sometimes flexibility and guidance is required to ensure that the Dual Career Athlete is not overawed or disadvantaged due to their considerably more condensed commitments and that they are equally supported to maintain a sensible work-life balance. The Dual Career program identifies the assurances that the College gives to the individual student athlete that they will support them whilst they are on a study programme at the college.'



Action in a recent Netball home fixture.

2021-22 RESULTS and FIXTURES

RECENT RESULTS

Men's Football:

1st Team Results & Fixtures:

D 2-2 vs Romulus

W 4-2 vs Tamworth

2nd Team Results & Fixtures

No Fixtures in November

3rd Team Fixtures

Change to League Fixtures

L 0-3 vs Wolves Foundation

Ability Counts Football

L 3-5 vs Walsall

Women's Team Fixtures

D 5-5 vs Moulton

Golf:

01/12/2021

Tri-Team Tournament

Cleeve Hill GC

BMET 188 points

Hartpury 183 points

SGS 183 points

Top Individual: Sam Knowles 37p

Basketball

2nd Team Fixtures

L 35-56 vs Walsall

Netball

No Fixtures in November

Rugby Union:

W 28-7 vs Sandwell

D 14-14 vs Newcastle

L 14-21 vs KE Stourbridge

L 0-28 vs Hereford

Activity Academy:

Christmas Roller-Disco with 87 participants

Boccia Academy Training Sessions

Coming up in the next Issue:

DM's Dialogue—Believe in Being Better

Player of the Month Spotlight

Coaches Corner—Heather Fisher: Journey to Excellence: Lessons for the Next Generation

December Results and Fixtures

Quotes and Notes

If you would like to contribute to the Newsletter, please contact Jason Allen Jason.allen@bmet.ac.uk or Tracy Cottrell tracy.cottrell@bmet.ac.uk

**Wishing all our readers a
Very Merry and Safe Christmas
& a Happy New Year**

