

# **Diversity, Inclusion and Wellbeing Calendar 2021**



World Braille Day

Dry January  
World Braille day

International Day of Education

## January

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 New Year's Day / Hogmanay	2 Birthday of Guru Gobind Singh <b>Sikh</b>	3
4 World Braille Day	5 Twelfth Night <b>Christian</b>	6 Epiphany <b>Christian</b>	7	8	9	10
11 Seijin no hi (Coming of Age Day) <b>Shinto</b>	12	13 Lorhri-Maghi <b>Sikh</b>	14 Makar Sankranti <b>Hindu</b>	15	16	17 World Religion Day
18 Blue Monday / Martin Luther King Jr. Day / Sugar Awareness Week / Winnie the Pooh Day	19	20 Guru Gobind Singh <b>Sikh</b> / Guru Singh Jayanti <b>Sikh</b> / Rohatsu (Bodhi Day) <b>Buddhist</b>	21	22	23	24 International Day of Education
25 Robert Burns Night	26	27 Holocaust Memorial Day / Tu Bishvat <b>Jewish</b>	28 Data Privacy Day / Mahayana New Year <b>Buddhist</b>	29	30	31

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

The theme for Holocaust Memorial Day for 2021 is "Be the light in the darkness". The theme asks people to consider different kinds of 'darkness', for example, identity-based persecution, misinformation, denial of justice; AND different ways of 'being the light', for example, resistance, acts of solidarity, rescue and illuminating mistruths.



Lesbian Gay Bisexual Trans History Month

Lesbian Gay Bisexual Trans History Month  
UK National Heart Month

International Day of Women and Science

## February

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1</b> World Hijab Day / Tinnitus Awareness Week	<b>2</b>	<b>3</b>	<b>4</b> World Cancer day	<b>5</b>	<b>6</b> Time to Talk Day	<b>7</b>
<b>8</b> National Apprenticeship Week	<b>9</b> Safer Internet Day	<b>10</b>	<b>11</b> International Day of Women and Girls in Science	<b>12</b> Chinese New Year – Year of the Ox	<b>13</b>	<b>14</b> Autism Sunday / Saint Valentine's Day
<b>15</b> Nirvana Day Buddhist	<b>16</b> Vasant Panchami Hindu / Shrove Tuesday Christian	<b>17</b> Ash Wednesday Christian / Random Acts of Kindness Day	<b>18</b>	<b>19</b>	<b>20</b> World Day of Social Justice	<b>21</b>
<b>22</b> Fair Trade Fortnight	<b>23</b>	<b>24</b> National Eating Disorders Week	<b>25</b> Intercalary Days begins Baha'i / Guru Harrai Jayanti Sikh / Purim Jewish	<b>26</b> International STAND UP to Bullying Day	<b>27</b> Magha Puja (Sangha Day) Buddhist	<b>28</b> Intercalary Days end Baha'i

LGBT History Month is a celebratory month designed to educate our prejudice and ensure Lesbian, Gay, Bisexual and Trans+ people are visible in all their rich diversity. The theme for LGBT History Month in 2021 is 'Body, Mind, Spirit'.

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon





Holi

International Women's Day

Ovarian Cancer Awareness Month  
Prostate Cancer Awareness Month  
Women's History Month

March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 St. David's Day / National Careers Week	2	3 World Hearing Day	4 World Book Day	5 National MS Week	6 ☾	7
8 International Women's Day	9	10 No Smoking Day	11 Maha Shivaratri Hindu / Lailat al Miraj Muslim	12 #Each for Equal	13 ●	14
15	16	17 Saint Patrick's Day Christian	18	19	20 International Day of Happiness / First Day of Spring / Naw-Ruz (New Year) Baha'i	21 ☾ Intl. Day for the Elimination of Racial Discrimination / World Down Syndrome Day
22 World Water Day	23	24	25	26	27 Passover Jewish / Palm Sunday Christian	28 ☾ Palm Sunday Christian
29 Hola Mohalla Sikh / Holi Hindu	30 World Bipolar Day	31				

International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating women's equality. IWD has occurred for well over a century with the first gathering in 1911. The day is not country, group or organisation specific - and belongs to all groups who care about human rights collectively everywhere.



Yom HaShoah (Holocaust Remembrance Day)

Autism Awareness Month  
Stress Awareness Month

Earth Day

April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 April Fool's Day / Maundy Thursday Thursday Christian	2 National Walk to Work Day / Good Friday Friday Christian	3	4 Easter Sunday Sunday Christian
5	6	7 World Health Day	8 Yom HaShoah (Holocaust Remembrance Day) Jewish	9	10	11
12 Ramadan begins Islam	13 Vaisakhi Sikh	14	15	16	17	18 Birthday of Guru Tegh Bahadur Sikh
19	20 First Day of Ridvan Baha'i	21 Rama Navami Hindu	22 Earth Day	23 Saint George's Day Christian	24	25 Mahavir Jayanti Jain
26 Allergy Awareness Week	27 Hanuman Jayanti Hindu	28 World Day for Health and Safety at Work / Lailat al Bara'ah Islam / Ninth Day of Ridvan Baha'i	29 Lag B'Omer Jewish	30		

Earth Day is marked by millions of people across the world switching off any non-essential lights to mark Earth Hour as a way to combat climate change. This is because the production of electricity often leads to the gas carbon dioxide being released into the Earth's atmosphere. Carbon dioxide is one of the main causes of climate change. Will you join in?





UK National Walking Month

International Nurses Day

# Mental Health Awareness Month

## UK National Walking Month

### May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 Twelfth Day of Ridvan <i>Baha'i</i>	2
3 Birthday of Guru Arjan Dev <i>Sikh</i> / Deaf Awareness Week	4	5	6	7	8 World Red Cross and Red Crescent Day	9 Deaf Awareness Week / Lailat al-Qadr <i>Islam</i> / Yom Yerushalayim (Jerusalem Day) <i>Jewish</i>
10	11 ●	12 International Nurses Day / Eid al Fitr <i>Islam</i>	13 Akshaya Tritiya <i>Hindu, Jain</i>	14	15 International Day of Families	16 Shavuot <i>Jewish</i>
17 National Vegetarian Week / Intl. Day Against Homophobia, Transphobia and Biphobia	18	19 ○	20	21	22	23 Declaration of the Bab <i>Baha'i</i> / Pentecost <i>Christian</i>
24	25 Guru Amar Das <i>Sikh</i>	26 ○ Vesak- Buddha Day <i>Buddhist</i>	27	28	29	30 Trinity Sunday <i>Christian</i>
31						

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

International Nurses' Day is celebrated around the world each year on 12 May, the anniversary of Florence Nightingale's birth. Florence Nightingale was born in 1820. She changed the way people around the world thought about cleanliness and hygiene. She was a very good mathematician and was the first woman admitted to the Royal Statistical Society. Only 11% of nurses are men and in recent years there have been growing efforts to address the issue of men being underrepresented in nursing.





International Yoga Day

World Refugee Day

Gypsy, Roma and Traveller Month  
LGBT Pride Month  
Men’s Health Awareness Month

June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 National Volunteers Week / National Bike Week	○ 2	3	4	5 World Environment Day	6
7	8 Carers Week	9	● 10	11	12	13
14 World Blood Donor Day / Guru Arjan Dev Sikh	15	16	17	○ 18	19	20 World Refugee Day
21 International Day of Yoga / First Day of Summer / World Humanist Day	22 Windrush Day	23 Women in Engineering Day	○ 24	25	26 International Day Against Drug Abuse and Illicit Trafficking / Armed Forces Day	27
28	29	30				

The United Nations’ (UN) World Refugee Day is observed on June 20th each year. This international event honours the courage, strength and determination of women, men and children who are forced to flee their homeland under threat of persecution, conflict and violence. World Refugee Day encourages public awareness and support of refugees and asylum seekers, recognising their valuable contributions in the communities they live and work in.





World Youth Skills Day

Eid al Adha

Plastic Free Month  
UV Safety Month

July

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			○ 1	2 Guru Harkishan Singh Jayanti Sikh	3 International Plastic Free Day	4
5	6	7 World Chocolate Day	8	9 Martydom of the Bab Baha'i	● 10	11 World Population Day / International Loneliness Day
12	13	14	15 World Youth Skills Day	16	○ 17 Tish'a B'av Jewish	18 Nelson Mandela Day / Waqf al Arafa Islam
19 Eid al Adha Islam	20	21	22	23	○ 24 Asala-Dharma Day Buddhist	25
26	27	28	29	30 World Friendship Day	○ 31	

The United Nation's World Youth Skills Day is an opportunity for young people, technical and vocational education and training institutions and public and private sector stakeholders to acknowledge and celebrate the importance of equipping young people with skills for employment, decent work and entrepreneurship. Rising youth unemployment is one of the most significant problems facing economies and societies in today's world, for developed and developing countries alike. BMet plays an important role!





International Youth Day

Mother Teresa of Calcutta, World Humanitarian Day

## Health and Safety Month

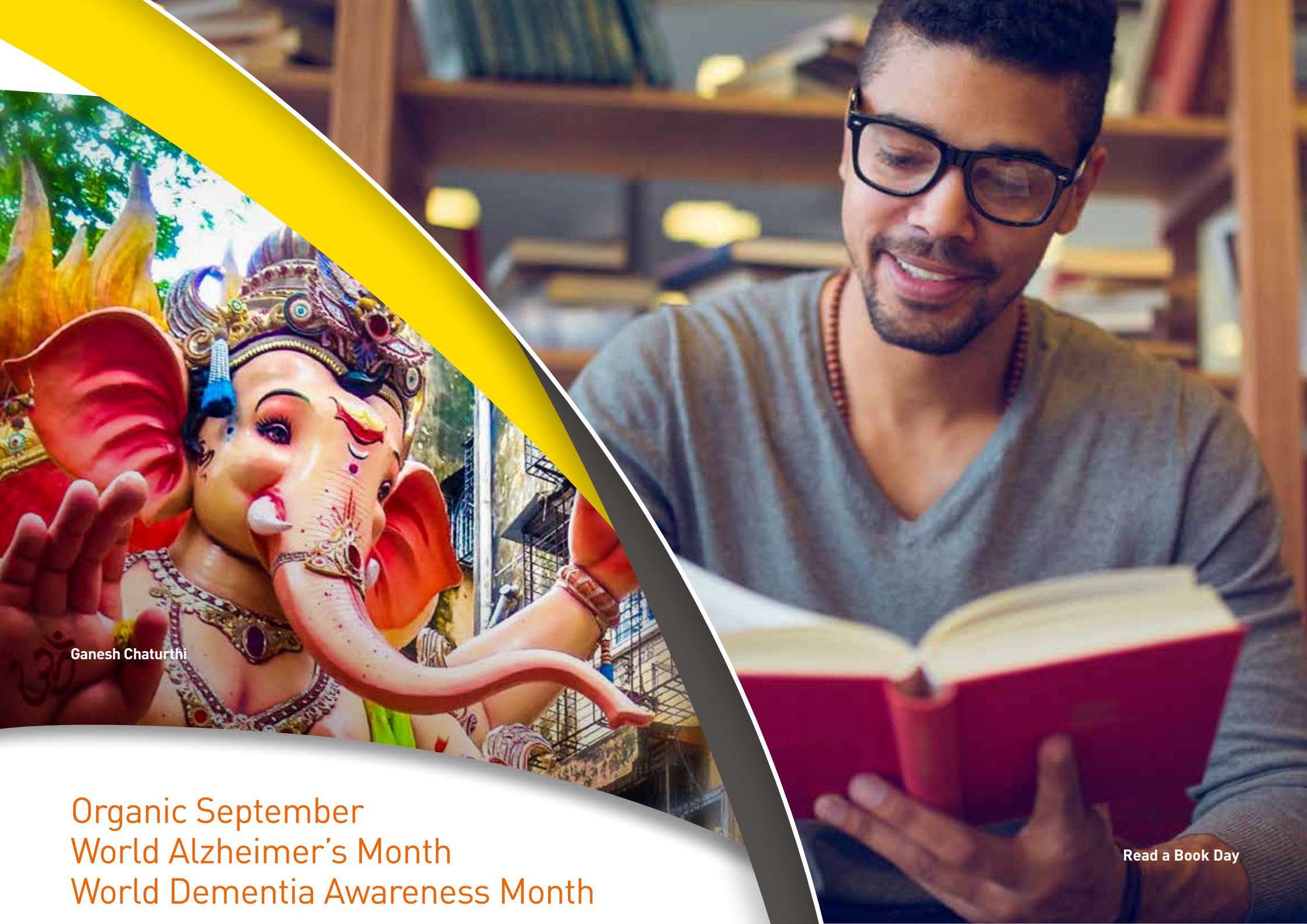
# August

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1
2	3	4	5	6	7	● 8
9	10	11	12	13	14	○ 15
Al-Hijra Muharram – New Year <i>Islam</i> / International Day of the World's Indigenous Peoples			International Youth Day			
16	17	18	19	20	21	○ 22
		Ashura <i>Islam</i>	World Humanitarian Day			
23	24	25	26	27	28	29
				Anniversary of Martin Luther King Jr "I have a Dream" speech 1963		
○ 30	31					
Krishna Janmashtami <i>Hindu</i>						

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

On World Humanitarian Day (WHD) August 19th, the world commemorates humanitarian workers killed and injured in the course of their work, and honours all aid and health workers who continue, despite the odds, to provide life-saving support and protection to people most in need.





Ganesh Chaturthi

Read a Book Day

Organic September  
World Alzheimer’s Month  
World Dementia Awareness Month

# September

World Alzheimer’s Month / World Dementia Awareness Month / Organic September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3	4	5 International Day of Charity
6 Read a Book Day / Rosh Hashanah Jewish	● 7	8 International Literacy Day	9	10 World Suicide Prevention Day / Ganesh Chaturthi Hindu / Samvatsari Jain	11	12
○ 13	14	15 International Day of Democracy / Yom Kippur Jewish	16	17	18	19 Anant Chaturdashi Jain
20 Jeans for Genes Day / Sukkot Jewish	○ 21 International Happiness at Work Week / International Day of Peace / World Alzheimer’s Day	22 World Car Fee Day	23	24 World’s Biggest Coffee Morning	25	26
27 World Deaf Day / Shemini Atzeret Jewish	28 Simchat Torah Jewish	○ 29 World Heart Day	30			

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

World Suicide Prevention Day - For people who are feeling vulnerable or distressed, having a strong sense of connection is an important part of suicide prevention. Connection can come in many forms: we can connect with friends and family, have connections through activities, or with nature and the arts.





Black History Month  
Breast Cancer Awareness Month  
Stoptober

Black History Month

October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 World Vegetarian Day / International Day of Older Persons	2 World Smile Day	3
4 Dyslexia Awareness Week / Libraries Week	5	6 Navaratri begins Hindu	7	8	9	10 World Mental Health Day
11	12 Ada Lovelace Day	13 O	14 World Sight Day / Dussehra-Dasara Hindu	15 Global Hand Washing Day / World Maths Day / World Student Day	16 World Food Day	17
18 Mawlid al-Nabi Islam	19	20	21 O	22 Guru Ramdas Jayanti Sikh	23	24
25	26	27 National Mentoring Day	28	29 O World Stroke Day	30	31 All Hallows' Eve Christian

O Last Quarter ● New Moon ◐ First Quarter ◑ Full Moon

October is Black History Month in the UK and it has been celebrated nationwide every year since the 1980s. This month was originally founded to recognise the contributions that people of African and Caribbean backgrounds have made to this country over many generations, to educate about the British history not acknowledged, or represented and to challenge racism still evident in society. Now, Black History Month has expanded to include the history of not just African- Caribbean Black people but all Black people in general.





Movember

## Lung Cancer Awareness Month Movember Men's Health Awareness Month

Diwali – Deepavali

# November

Lung Cancer Awareness Month / Movember Men's Health Awareness Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1</b> World Vegan Day / All Saints' Day Christian	<b>2</b> All Souls' day Christian	<b>3</b>	<b>4</b> Diwali – Deepavali Hindu, Sikh, Jain	<b>5</b> Guy Fawkes Night	<b>6</b>	<b>7</b> Birth of the Bab Baha'i
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b> Armistice Day	<b>12</b>	<b>13</b> World Kindness Day	<b>14</b> World Diabetes Day / Remembrance Sunday
<b>15</b>	<b>16</b>	<b>17</b> International Students' Day	<b>18</b>	<b>19</b> International Men's Day / Guru Nanak Dev Jayanti Sikh	<b>20</b>	<b>21</b>
<b>22</b>	<b>23</b>	<b>24</b> Martyrdom of Guru Tegh Bahadur Sikh	<b>25</b> Day of the Covenant Baha'i	<b>26</b>	<b>27</b> Ascension of Abdu'l – Baha Baha'i	<b>28</b> Advent Sunday Christian / Hanukah Jewish
<b>29</b>	<b>30</b> Saint Andrew's Day Christian					

Movember is an annual event involving the growing of moustaches during the month of November to raise awareness of men's health issues, such as prostate cancer, testicular cancer, and men's suicide.

Suicide is the single biggest killer of men under 45 in the UK. Men are three times as likely to die by suicide than women. It is believed that hundreds of male suicides could be prevented if men felt able to ask for help when they need it.





Christmas

AIDS Awareness Month  
Disability History Month  
Universal Month for Human Rights

International Day for the Abolition of Slavery

# December

Universal Month for Human Rights / AIDS Awareness Month / Disability History Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 World Aids Day	2 International Day for the Abolition of Slavery	3 International Day of Persons with Disabilities	● 4	5
6	7	8	9	10 Human Rights Day	○ 11	12
13	14	15	16	17	18 International Migrants Day	○ 19
20	21	22	23	24 Christmas Eve Christian	25 Christmas Day Christian	26 Boxing Day Christian
○ 27	28	29	30	31 New Year's Eve / Hogmanay		

**Disability History Month** is supported by a wide range of disability groups, unions and voluntary organisations, and aims to promote disabled people's rights and their struggle for equality now and in the past. The month highlights the diversity of disabled people in terms of the range and types of experiences e.g. neuro-diverse, mental health issues, learning difficulty, physical, invisible and sensory impairments.



January	
1	New Year's Day / Hogmanay
2	Birthday of Guru Gobind Singh Sikh
3	
4	World Braille Day
5	Twelfth Night Christian
6	Epiphany Christian
7	
8	
9	
10	
11	Seijin no hi (Coming of Age Day) Shinto
12	
13	Lorhri-Maghi Sikh
14	Makar Sankranti Hindu
15	
16	
17	
18	Blue Monday / Martin Luther King Jnr. Day / Sugar Awareness Week / Winnie the Pooh Day
19	
20	Guru Gobind Singh Sikh Guru Singh Jayanti Sikh Rohatsu (Bodhi Day) Buddhist
21	
22	
23	
24	International Day of Education
25	Robert Burns Night
26	
27	Holocaust Memorial Day / Tu Bishvat Jewish
28	Data Privacy Day / Mahayana New Year Buddhist
29	
30	
31	

February	
1	World Hijab Day / Tinnitus Awareness Week
2	
3	
4	World Cancer Day
5	
6	Time to Talk Day
7	
8	National Apprenticeship Week
9	Safer Internet Day
10	
11	International Day of Women and Girls in Science
12	Chinese New Year – Year of the Ox
13	
14	Autism Sunday / Saint Valentine's Day
15	Nirvana Day Buddhist
16	Vasant Panchami Hindu / Shrove Tuesday Christian
17	Ash Wednesday Christian / Random Acts of Kindness Day
18	
19	
20	World Day of Social Justice
21	
22	Fair Trade Fortnight
23	
24	National Eating Disorders Week
25	Intercalary Days begins Baha'i / Guru Harrai Jayanti Sikh / Purim Jewish
26	International STAND UP to Bullying Day
27	Magha Puja (Sangha Day) Buddhist
28	Intercalary Days end Baha'i

March	
1	St. David's Day / National Careers Week
2	
3	World Hearing Day
4	World Book Day
5	National MS Week
6	
7	
8	International Women's Day
9	
10	No Smoking Day
11	Maha Shivaratri Hindu / Lailat al Miraj Muslim
12	#Each for Equal
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14	
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17	Saint Patrick's Day Christian
18	
19	
20	International Day of Happiness / First Day of Spring / Naw-Ruz (New Year) Baha'i
21	Intl. Day for the Elimination of Racial Discrimination / World Down Syndrome Day
22	World Water Day
23	
24	
25	
26	
27	Passover Jewish / Palm Sunday Christian
28	Palm Sunday Christian
29	Hola Mohalla Sikh / Holi Hindu
30	World Bipolar Day
31	

April	
1	April Fool's Day / Maundy Thursday Christian
2	National Walk to Work Day / Good Friday Christian
3	
4	Easter Sunday Christian
5	
6	World Health Day
7	
8	Yom HaShoah (Holocaust Remembrance Day) Jewish
9	
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11	
12	Ramadan begins Islam
13	Vaisakhi Sikh
14	
15	
16	
17	
18	Birthday of Guru Tegh Bahadur Sikh
19	
20	First Day of Ridvan Baha'i
21	Rama Navami Hindu
22	Earth Day
23	Saint George's Day Christian
24	
25	Mahavir Jayanti Jain
26	Allergy Awareness Week
27	Hanuman Jayanti Hindu
28	World Day for Health and Safety at Work / Lailat al Bara'ah Islam / Ninth Day of Ridvan Baha'i
29	Lag B'Omer Jewish
30	

May	
1	Twelfth Day of Ridvan Baha'i
2	
3	Birthday of Guru Arjan Dev Sikh / Deaf Awareness Week
4	
5	
6	
7	
8	World Red Cross and Red Crescent Day
9	Deaf Awareness Week / Lailat al-Qadr Islam / Yom Yerushalayim (Jerusalem Day) Jewish
10	
11	
12	International Nurses Day / Eid al Fitr Islam
13	
14	Akshaya Tritiya Hindu, Jain
15	International Day of Families
16	Shavuot Jewish
17	National Vegetarian Week / Intl. Day Against Homophobia, Transphobia and Biphobia
18	
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23	Declaration of the Bab Baha'i / Pentecost Christian
24	
25	Guru Amar Das Sikh
26	Vesak-Buddha Day Buddhist
27	
28	
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30	Trinity Sunday Christian
31	

June	
1	National Volunteers Week / National Bike Week
2	
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5	World Environment Day
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8	Carers Week
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14	World Blood Donor Day / Guru Arjan Dev Sikh
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19	
20	World Refugee Day
21	International Day of Yoga / First Day of Summer / World Humanist Day
22	Windrush Day
23	Women in Engineering Day
24	
25	
26	International Day Against Drug Abuse and Illicit Trafficking / Armed Forces Day
27	
28	
29	
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July	
1	
2	Guru Harkishan Singh Jayanti Sikh
3	International Plastic Free Day
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7	World Chocolate Day
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9	Martydom of the Bab Baha'i
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11	World Population Day / International Loneliness Day
12	
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15	World Youth Skills Day
16	
17	Tish'a B'av Jewish
18	Nelson Mandela Day / Waqf al ArafatIslam
19	Eid al Adha Islam
20	
21	
22	
23	
24	Asala-Dharma Day Buddhist
25	
26	
27	
28	
29	
30	World Friendship Day
31	

August	
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9	Al-Hijra Muharram – New Year Islam / International Day of the World's Indigenous Peoples
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12	International Youth Day
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18	Ashura Islam
19	World Humanitarian Day
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28	Anniversary of Martin Luther King Jr "I have a Dream" speech 1963
29	
30	Krishna Janmashtami Hindu
31	

September	
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5	International Day of Charity
6	Read a Book Day / Rosh Hashanah Jewish
7	
8	International Literacy Day
9	
10	World Suicide Prevention Day / Ganesh Chaturthi Hindu / Samvatsari Jain
11	
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15	International Day of Democracy / Yom KippurJewish
16	
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20	Jeans for Genes Day / Sukkot Jewish
21	International Happiness at Work Week / International Day of Peace / World Alzheimer's Day
22	World Car Fee Day
23	
24	World's Biggest Coffee Morning
25	
26	
27	World Deaf Day / Shemini Atzeret Jewish
28	Simchat Torah Jewish
29	World Heart Day
30	

October	
1	World Vegetarian Day / International Day of Older Persons
2	World Smile Day
3	
4	Dyslexia Awareness Week / Libraries Week
5	
6	Navaratri begins Hindu
7	
8	
9	
10	World Mental Health Day
11	
12	Ada Lovelace Day
13	
14	World Sight Day / Dussehra-Dasara Hindu
15	Global Hand Washing Day / World Maths Day / World Student Day
16	World Food Day
17	
18	Mawlid al-Nabi Islam
19	
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22	Guru Ramdas Jayanti Sikh
23	
24	
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26	
27	National Mentoring Day
28	
29	World Stroke Day
30	
31	All Hallows' Eve Christian

November	
1	World Vegan Day / All Saints' Day Christian
2	All Souls' day Christian
3	
4	Diwali – Deepavali Hindu, Sikh, Jain
5	Guy Fawkes Night
6	
7	Birth of the Bab Baha'i
8	
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11	Armistice Day
12	
13	World Kindness Day
14	World Diabetes Day / Remembrance Sunday
15	
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17	International Students' Day
18	
19	International Men's Day / Guru Nanak Dev Jayanti Sikh
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24	Martyrdom of Guru Tegh Bahadur Sikh
25	Day of the Covenant Baha'i
26	
27	Ascension of Abdu'l – Baha Baha'i
28	
29	
30	Saint Andrew's Day Christian

December	
1	World Aids Day
2	International Day for the Abolition of Slavery
3	International Day of Persons with Disabilities
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10	Human Rights Day
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18	International Migrants Day
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24	Christmas Eve Christian
25	Christmas Day Christian
26	Boxing Day Christian
27	
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31	New Year's Eve / Hogmanay